

## Jabz Boxing in central Scottsdale gets new owner

March 28, 2019



Jabz Boxing announced new ownership for the 90th Street and Via Linda location in Scottsdale with local entrepreneur Stacey Frank-Heit.

Prior to taking over her Jabz Boxing studio, Ms. Frank-Heit has experience as an esthetician and spa owner. Her health and wellness experience equips her for this new role, according to a press release.

Known for its full-body circuit style workout that utilizes boxing inspired exercises designed specifically for all women, the studio is at 8989 E Via Linda.

“I’m excited to be able to empower women and give them the tools they need to make positive transformations in their lives,” Ms. Frank-Heit said in a prepared statement. “After seeing the results first-hand as a member, I couldn’t wait to help others achieve the same goal.”

Committed to cultivating an empowering fitness community for women, Jabz Boxing offers boxing-inspired, full-body workouts to help clients achieve their fitness goals, a release states.

With 16 women to a class, Jabz classes are kept small to encourage a positive workout experience. All classes have a certified instructors who offer one-on-one support for all members.

“Stacey is the ideal entrepreneur that we were looking for to bring Jabz Boxing to Central Scottsdale,” Kimberlee White, CEO and co-founder of Jabz Boxing, said in a prepared statement.

“With her enthusiasm for changing lives we have full confidence she will be able to build an empowering community for women in the area. We’re excited to have her join the Jabz Boxing franchise family.”

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