



# Weightloss Mindset Workshop

December 28, 2017

## What/Why:


Tim Grover, pro-athlete and celeb trainer who trained Kobe Bryant and Michael Jordan, will be the guest speaker at the Weightloss Mindset Workshop on Jan. 13 at the Westin South Coast Plaza in Costa Mesa (686 Anton Blvd Costa Mesa, CA 92626) from 8 a.m. - noon. The event is being put on by The Camp Transformation Center, a growing fitness franchise, and will be aimed at getting people to change their mindset about losing weight and getting healthy for 2018. Tim Grover will be offering his insight and knowledge on the topic so that event attendees have the tools to make the change in their own lives.



 **The Westin South Coast Plaza, Costa Mesa**


 312 reviews

686 Anton Blvd  
Costa Mesa, CA 92626  
(714) 540-2500

 **From:** Saturday, Jan 13, 8:00 am

**To:** 12:00 pm

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 \$97.00 · [Get tickets](#)